

Date: November 8th, 2016

*Where: Bullock Creek
Auditorium, 1420 S Badour
Midland, MI*

Time: 8:00AM-4:00PM

Lunch:

On your own

Registration:

www.midlandesa.org

Contact:

Lynne Christiansen

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*This event is
sponsored by the
Midland County ESA
and provided free for
any staff of a Midland
County school.*

MIDLAND COUNTY



EDUCATIONAL
SERVICE AGENCY

NO Such Thing as a BAD Kid



*Presented by Charles Appelstein, MSW
Appelstein Training Resources, LLC
Offered by the Midland County ESA
www.charliea.com*

No Such Thing As a Bad Kid; Reshaping the Lives of At-Risk Children, Youth & Families Using Positive, Trauma-Informed, Strength-Based Theories and techniques Strength-based practice is an emerging approach to guiding at-risk children, youth, and families that is exceptionally positive and inspiring. Its focus is on strength-building rather than flaw-fixing.

This full-day, comprehensive workshop will highlight many of the key principles and techniques of this transforming modality. Areas covered include: What is strength-based practice & the power of a positive attitude & culture; the effects of trauma and positive emotions on the brain; strength-based communication principles and techniques - including reframing, using solution focused questions, positive predicting and inspirational metaphors; self-esteem building & activities for at-risk children and youth; how to help cognitively inflexible young people; the importance of being family centered; why, how, and when to use incentive plans; the importance of controlling personal emotions (i.e. managing number one first); respectful limit setting; and a host of creative cognitive behavioral strategies.